

# STATELINE HEARTCHECK

Coronary heart disease is the leading cause of death among American adults. In fact, many of those affected show no symptoms at all. That's why it so smart to be proactive and schedule a Stateline HeartCheck. With today's amazing imaging technology, we can examine the condition of your heart and vascular system and predict its health. Everybody has a Heart "Score" – it pays to know yours!

## What is a "HeartCheck"?

Beloit Memorial Hospital's Stateline HeartCheck is a self-referred, non-invasive cardiac CT scan of your heart. This simple, painless examination literally measures the calcified plaque in your coronary arteries – a build-up, which over time, can narrow your arteries or close off the blood flow to the heart.

The amount of calcium detected on a cardiac CT scan is helpful in diagnosing the potential for coronary heart disease and other heart-related issues. The higher the calcium score, the greater the chance of developing heart disease.

Special cardiac software, monitoring equipment and our GE VCT 64 slice scanner provide us with the technology needed and the resolution to view the vessels of the heart and other anatomy. Dr. Leo Egbujiobi and Dr. Maria Taveras, both experts in diagnostic screening at our hospital, oversee the procedure.

## Who Should Use Stateline HeartCheck?

Our program is designed for men or women typically over age 40, especially those who may have some risk factors, such as:

- ♦ Abnormal high blood cholesterol levels
- ♦ A family history of heart disease
- ♦ Diabetes
- ♦ High blood pressure
- ♦ Cigarette smoking
- ♦ Overweight
- ♦ Minimal exercise or physical activity



## How long does the exam take?

When you call for your appointment, we will ask a few brief questions to assure you are a candidate for this test. Once it is

determined that you qualify, you will be scheduled for a 30 minute appointment.

Upon your arrival to the Medical Imaging Department, a technologist will explain the procedure and position you on our CT table.

Similar to having an EKG, monitor leads will be placed on your chest to time the scan to your heart. Next, the table will move you through the scanner to determine where the specific images will be scanned. In just seconds the scan will be acquired and you may leave.

## Is there any special preparation for the test?

You will be asked to refrain from caffeine or smoking for a few hours before undergoing the exam. It is unlikely that any other preparation needs to be done.

## How long before I learn the results of the test?

After your appointment, Dr. Egbujiobi or Dr. Taveras will review your scan. Your results will be communicated to you in about one week. It is recommended that you share your results with your primary physician who can then determine a course of treatment if necessary.

## How much does Stateline HeartCheck cost?

Stateline HeartCheck is being offered to the community for a fee of \$150. This includes the screening and complete medical analysis of the results. We accept cash, check, Visa, MasterCard and Discovery. This exam is not billable to your insurance.

**To schedule an appointment, please contact our Medical Imaging Department at (608) 364-5249 or toll-free at (800) 637-2641.**



**BELOIT MEMORIAL HOSPITAL**

Affiliated with the University of Wisconsin Hospital and Clinics

1969 W. Hart Rd., Beloit, WI 53511-2230